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3rd Annual Littleton Adventist Hospital TTTS Race for Hope expands with a Kids Festival; a day to celebrate family

Special appearances by Ronald McDonald, the Denver Fire Department and much more!

Denver, Colo. — The 3rd Annual Littleton Adventist Hospital TTTS Race for Hope today announced that it will expand its post-race celebration to include a fun-filled Kids Festival in addition to the event's 5K run/walk, Kids Fun Run and sponsor's expo. In addition, race organizers also added a stroller division and prize packs to overall winners to this year's event. Proceeds benefit the Fetal Hope Foundation, headquartered in Colorado.

The organizers are excited about the support they have received from local businesses and organizations who will be on hand, with 1000+ participants, to help create a fun-filled atmosphere. Special visitors include the Denver Fire Department, Ronald McDonald and Red, from Red Robin. Oogles 'n Googles will have a free craft table for kids to enjoy. Naked Juice will be offering a variety of samples as well as a juice chugging competition. There will be face painting, air jumpers and carnival games for the younger crowd or the young at heart. Post-race activities are not limited to the kids, adults are invited to receive a free massage from Back in Shape, enjoy bagels from Panera Bread and more. Many of the event's sponsors/supporters will be giving away great prizes and free samples.

As recently seen on ABC Medical Mysteries, Twin-to-Twin Transfusion Syndrome (TTTS) can strike at any time in a pregnancy with twins or multiples that share a placenta. With TTTS, babies share blood vessels, which cause one baby to receive an overflow of blood and nutrients while the other receives little to none. Both babies are at risk from either heart failure or anemia. There are no guarantees with any available treatment but no treatment is almost always a guarantee of loss. TTTS kills twice as many babies as SIDS (Sudden Infant Death Syndrome; yet most of the population has never heard of TTTS. Sadly, that means today 15 babies died from TTTS.

The mission of the Fetal Hope Foundation and the TTTS Race for Hope is to provide support and information to families affected by the condition, to fund research efforts, increase



Littleton Adventist Hospital
Centura Health.



awareness and be an outlet for leading medical information pertaining to fetal distresses and syndromes. They are all about arming families with information to save their baby's lives.

The founders of the Fetal Hope Foundation and TTTS Race for Hope have two beautiful three year old girls who were saved from TTTS by ground breaking in-utero fetal surgery. Their efforts have lead to the launch of the Fetal Hope Foundation and to the newly national TTTS Race for Hope series with events slated in Denver, Charlotte, Los Angeles, Seattle, Tampa and Houston.

Race for Hope title sponsor Littleton Adventist Hospital is excited to support this event to help generate awareness of the potentially life-threatening effects of TTTS. The hospital's Level III Neonatal Intensive Care Unit (NICU), Labor and Delivery and Perinatal Care Center use the most advanced technology to specially care for high-risk pregnancies and newborns, like those affected with TTTS, and provide the most extensive level of critical care available in south metro Denver.

Media note: The founders, including twins Ashley and Aspen, along with additional dignitaries will be available for interviews with members of the media, prior to, and at the TTTS Race for Hope. To schedule an interview, please contact Lonnie Somers.

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